



Delaware Guidance Services

for CHILDREN & YOUTH, Inc.

PROFESSIONAL DEVELOPMENT

How Brains are Built

Learn about brain development in a fun and easy to understand format! Using the metaphor of building a house, you'll learn about the critical phases of brain development that are necessary for children to be successful in school, home, and the community. Using this knowledge, you'll be able to develop strategies to strengthen parts of the brain that are still "under-construction."

All About Attachment

This course will help you understand the definition of attachment, the different styles of attachment, and how to relate to children that have difficulty attaching to their parents, teachers, schools, and community supports. You will learn a highly researched and effective method for developing healthy attachments with all children, and especially children that have difficulty developing connections with caregivers or teachers.

Understanding the Brain and its Stress Response System

Get ready to take a deep dive into the inner workings of the brain! Learn how the typically developed brain works and how brains are affected by trauma and stress. You'll develop specific strategies for working with children's' brains that are "chronically stressed" or affected by trauma such as abuse, neglect, and adversity.

No-Drama Discipline

Based on the work of Dr. Daniel Siegel and Dr. Tina Payne Bryson, authors of the New York Times best-selling book "No-Drama Discipline," you'll discover simple, but effective methods for understanding and addressing behavior challenges. Rooted in neuroscience, the strategies focus on whole-brain methods of discipline that increase insight, empathy, and improve executive functioning skills.

The Collaborative Classroom

In this course, you'll learn how to create a classroom environment that promotes collaboration, self-regulation, and positive discipline strategies. This course will give you specific strategies and interventions to design a classroom that meets the needs of all types of learners, and especially learners that have a history of trauma and/or adversity. Filled with practical tips and suggestions, teachers will gain new tools to address today's classroom needs.

The Learning Brain

How to Cultivate Receptive Learners: Expanding on trauma and its effects on learning, this course will teach you how to create emotional safety in the school setting, develop positive relationships with ALL students, and assist student development of self-regulation skills.

Executive Function (what's your function?)

Find out more about this very important brain function, including how it develops and how we can strengthen it for children that have difficulty with emotion regulation, focusing, excessive movement/activity, planning, organizing, and information recall.

Self-Care for Teachers

Teachers risk for burnout has reached an all-time high. Self-care is not only a necessity, but a skill to be learned and practiced. A teacher that maintains good self-care practices will experience higher job satisfaction, increased productivity, and happier classrooms.

CONTACT

Call our Dover Office
(302) 678-3020 *for more information*

www.delawareguidance.org