



Delaware Guidance Services for CHILDREN & YOUTH, Inc.

Delaware's largest provider of non-residential mental health services for children and families.

OUTPATIENT COUNSELING

Our highly-trained clinicians are ready to help children and youth who may be experiencing:

- Anxiety
- Depression
- Family Stress
- Trauma and PTSD
- Difficulty Managing Emotions
- Problems with Attention/Hyperactivity
- Behavior Problems at Home or School
- Stress Related to Recent Changes/Transitions
- Other Behavioral or Mental Health Concerns

AGENCY LOCATIONS

- Wilmington: (302) 652-3948
- Newark: (302) 455-9333
- Dover: (302) 678-3020
- Lewes: (302) 645-5338
- Seaford: (302) 262-3505

Medicaid and all major insurance providers accepted

DGS serves all children and families regardless of their ability to pay

www.delawareguidance.org



Delaware Guidance Services

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24/7 Community-Based Crisis Response

CALL
1-800-969-HELP (4357)

DGS provides services in the office, home, school and community.

Our statewide youth crisis response services are available 24-hours a day and 365 days a year for children and teens (ages 2-18) who:

- May be at risk of harm to themselves or others
- Have experienced recent trauma
- May be experiencing mental health symptoms
- Are seeking help for managing emotional and/or behavioral health problems